

ingredients

that may contain GMOs:

Baking powder
Canola oil
Corn flour
Corn oil
Cornstarch
Corn syrup
Cottonseed oil
Isolated soy protein
Milk products containing rBGH
or rBST (bovine somatotropin)
Soy flour
Soy lecithin
Soy oil
Soy protein isolates
Sugar, derived from beets
Textured soy protein (TSP)
Textured vegetable protein (TVP)



we are the only
certified organic
produce department
on the peninsula

CO-OP CLASS

to learn more
attend CO-OP CLASSES
call Outreach/Education
at 360 385-2831 x 308 or
memberservices@ptfoodcoop.coop

everyone welcome
open everyday
Mon-Sat: 8am-9pm
Sun: 9am-8pm
414 Kearney Street
Port Townsend, WA 98368
360 385-2883
www.foodcoop.coop



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GENETICALLY MODIFIED ORGANISMS statement



THE food CO-OP

Port Townsend

At The Food Co-op we strive to carry organic products whenever possible - for the health of our members and for the health of our planet. USDA certified organic standards prohibit GMO (Genetically Modified Organism) crops from being in certified organic products. Even when buying USDA certified organic there is the potential for GMO contamination from GMO pollen drifting into certified organic fields. There is no mandatory testing of USDA certified organic products or any products for GMO contamination. This being said, the best way to avoid foods containing GMOs is to buy foods that carry the USDA's certified organic seal, which ensures that no known GMO ingredients have been used in the products that carry the USDA certified organic seal.

Without federal labeling and testing of GM (Genetically Modified) foods, no product can be guaranteed to be GMO-free or labeled as such by The Food Co-op.

To provide products at different price ranges we offer both USDA certified organic and non-organic natural products. Non-organic natural products may contain both organic and non-organic ingredients that are free of synthetic colors, flavorings and additives. Because these products are made with both organic and non-organic ingredients there is the potential for GMOs to be present in these products. According to the USDA, in 2007, 91% of soy, 87% of cotton, and 73% of corn grown in the U.S. were GMO. Starting in 2008, virtually all of the U.S. sugar beet crop is GMO, and it is estimated that over 75% of canola grown is GMO.

Source: Non-GMO Project
www.nongmoproject.org

- We encourage every member of the co-op to take responsibility for their product choices and prefer not to dictate food choices to our membership.
- We advise our customers that the safest approach to avoiding genetically modified (GMO) ingredients is to buy USDA certified organic products.
- We offer USDA certified organic options whenever available.
- We will educate membership through educational outreach in our community, in store educational displays, through our newsletter and website.
- We are committed to introducing new organic products that become available to us. We actively look for a GMO-free option for product categories and carry a GMO-free option when it is available.
- We support manufacturers that label their products as GMO-free through promotions and displays.
- As a member of the NCGA (National Co-op Grocers Association), we support the Non-GMO project through the NCGA's membership. A goal of the Non-GMO project is to test foods and label their GMO content in partnership with member manufacturers.

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Members can:

- Contact their legislators and demand mandatory federal labeling for GMO foods and cloned meat.
- Join the Non-GMO project and be an advocate for GMO labeling on the local, state and federal levels.
- Vote with your food dollars by choosing foods that are USDA certified organic and by buying foods that are labeled as non-GMO by the manufacturers.
- Take responsibility for their food choices by carefully reading labels of the foods they purchase and looking for suspect ingredients such as (but not limited to) non-organic dairy (rBGH, rBST), canola, corn, cotton, soy, and sugar.

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